

# Safety Tips



- Open your own drinks.
- Don't leave your drink unattended.
- Don't take drinks handed to you in a plastic cup.
- Pay attention to any change in liquid level, color, odor, or taste; fizzing; etc.
- Toss it if you're unsure.

Symptoms of drugging may include drowsiness, confusion, sudden physical weakness especially in the limbs, impaired motor skills, inability to walk or talk, weakness, impaired memory, reduced inhibitions, unconsciousness and or a strange sensation of being paralyzed.